



## HOW DID WE DO THAT?

When CycleCircle approached us with their new CycleReady programme for our reception class we had no hesitation - they've successfully delivered Bikeability to Key Stage 2 for a number of years. It was great timing too as we had noticed that very few of our pupils in the reception class were able to cycle without stabilisers.

We were also looking at a positive way to use our Sports Premium funding and a recent OFSTED inspection had recommended the use of balance bikes in KS1.

After an initial discussion with Spencer Morgan from CycleCircle the school decided to purchase 6 Frog balance bikes. They were delivered quickly and the children had no hesitation to start using them extensively during free play. The children loved the new balance bikes and quickly began to 'Scoot' the bikes across the playground - a great sign that they could now balance...

We booked a 'CycleReady' session with CycleCircle within the first term of receiving the balance bikes. Two instructors arrived with a small fleet of high-quality Frog pedal bikes - we left them to it. At the end of the day we were amazed that about 75% of the class were now riding pedal bikes.

'Every pupil should be able to cycle before leaving Key Stage 1'  
**GREAT CHART SCHOOL**



- EQUIPMENT** We purchased 6 Frog balance bikes
- YEAR R** Reception - The obvious start point
- FREE PLAY** They just got on with learning to balance
- CYCLE READY** Two instructors worked with a class - 75% now riding bikes

### MORE INFO:

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## HOW DID WE TAKE IT FURTHER?

### EQUIPMENT

We purchased 6 Frog pedal bikes.

### YEAR R

Pedal bikes are used in PE lessons

### YEAR 1 & 2

The bigger bikes allowed all of KS1 to get involved

We were so impressed with the high-quality Frog pedal bikes that we decided to purchase some.

The reception class now use the new bikes in PE lessons to practice their new cycling skills. The class still love using the balance bikes too.

We were also surprised that over 50% of pupils in years 1 and 2 also could not cycle without stabilisers so we asked Cycle**Circle** to help. Larger 'balance bikes' were created by temporarily removing pedals - just for enough time to allow the pupils to master balance. The pedals were then put back on at the right time and with some gentle support and encouragement the kids were riding in no time.

We are well on the way to our target of ensuring all pupils leave KS1 being able to cycle and looking forward to working with Cycle**Circle** again soon to help achieve this.

## HAPPY NEW RIDERS...



'It was the best day of my life... I can do it!'  
- Sean, Year 1

'What a fantastic idea as I have been trying to get the stabilisers of for ages and now it's happend and we are cycling as a family'  
- Parent

'I didn't think my son would ever learn to ride a bike but now he's flying, thank you'  
- Parent